

The Society of Neuro-Linguistic Programming™

Practitioner Level Certification Skills Requirements

A minimum ability to utilize the basic skills, techniques, patterns and concepts of NLP:

1. Behavioral integration of the basic presuppositions of NLP:

- * The ability to change the process by which we experience reality is more often valuable than changing the content of our experience of reality.
- * The meaning of your communication is the response you get.
- * All distinctions human beings are able to make concerning our environment and our behavior can be usefully represented through the visual, auditory, kinesthetic, olfactory, and gustatory senses.
- * The resources an individual needs to effect a change are already within them.
- * The map is not the territory.
- * The positive worth of the individual is held constant, while the value and appropriateness of the internal and/or external behavior is questioned.
- * There is a positive intention motivating every behavior; and a context in which every behavior has value.
- * Feedback vs. Failure - All results and behaviors are achievements, whether they are desired results for a given task/context or not.

2. Rapport Establishment & Maintenance

3. Verbal & Nonverbal Pacing & Leading

4. Verbal and Nonverbal Elicitation of Responses

5. Calibrating through Sensory Experience

6. Representational Systems (Sensory Predicates and Accessing Cues)

7. Milton Model, Meta Model

8. Elicitation of Well-Formed Goals, Direction, and Present State

9. Overlapping and Translating Representational Systems

10. Eliciting, Installing & Utilizing Anchors in all sensory systems

11. Ability To Shift Consciousness

12. Submodalities (utilizing including Timelines, Belief Change, Swish Patterns, etc.)

13. Omni Directional Chunking

14. Accessing and Building Resources

15. Content & Context Reframing

16. Creating & Utilizing Metaphors

17. Strategy Detection, Elicitation, Utilization, And Installation

18. Demonstration of Flexibility of Behavior and Attitude



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Master Practitioner Level Certification Skills Requirements

The ability to master the basic skills, techniques, patterns and concepts of NLP™:

- 1. Behavioral competency in all Practitioner level skills and the demonstration to do several of these simultaneously.*
- 2. The ability to design behavioral flexibility and attitudes that produce specific results with self and others.*
- 3. Minimum ability to identify and utilize the Master Practitioner skills, techniques, and patterns linguistically:*
 - * Changing Beliefs*
 - * Eliciting & Utilizing Meta-Programs*

Criteria:

- * Identification of and Utilization of Criteria*
- * Adjusting Criteria*

Sleight of Mouth Patterns

Deliberate multilevel communication

Stacking Realities

Timeline Patterns

Stacking Presuppositions

Temporal/Spatial Predicates

Negotiating

Propulsion Systems

Installing Strategies

Threshold Pattern

Breaking Generalizations & Building New Ones

Rapid Inductions, Deep Trance Phenomena

Deep Trance Identification

- 4. Demonstrated ability to do change work with self and others.*

